

Social Action

Communicare West

Contact Person: Emily Arbery

Contact Telephone: 023 8021 6023

Emily Arbery takes the lead role for Communicare West which is part of Communicare in Southampton, a charity that exists to provide practical help and friendship for needy people living in Southampton. Communicare West typically helps more than 300 people or families each year on over 6,500 occasions. About two thirds of the people helped are referred by social and health care professionals or organisations but self referrals are also accepted when there is a demonstrable unmet need.

Offices at the Voluntary Action Centre and Shirley Baptist Church

Continuous service

For further information: www.communicareinsouthampton.org.uk

officewest@communicareinsouthampton.org.uk

Churches
involved:

Churches Together in
Shirley and District

Date information supplied /
updated: 02/03/2015

Firgrove Centre

Contact Person: Brenda Dittrich

Contact Telephone: 023 8078 3134

Counselling service for those with unexpected pregnancies and all forms of baby loss. Choices teaching programme in secondary schools. Provision of baby equipment.

Office: 107 Firgrove Road, Shirley, Southampton SO15 3ET

Continuous service

For further information: www.careconfidential.com

Churches
involved:

Several CTiS churches

Date information supplied /
updated: 13/08/2013

Friends of St James Park

Contact Person: Tania Emery

Contact Telephone: 07525 855 926

Providing effective use of St James Park.

Continuous service

For further information: www.fosjp.org.uk

Churches involved: Shirley Parish Church

Date information supplied / updated: 07/10/2013

Healing on the Streets

Contact Person: Alun Leppitt

Contact Telephone: 07864 578 948

Praying for people on the streets.

Held in Shirley Precinct

Saturdays 10.30am -12noon Weekly

For further information: www.ctis-southampton.co.uk/index.html

Churches involved: Churches Together in Shirley and District

Date information supplied / updated: 13/08/2013

Let Your Light Shine

Contact Person: Angie Baker

Contact Telephone: 023 8078 7930

Support Group for Survivors of Childhood Sexual Abuse.

Held at Shirley Warren Action Church

Friday 10.15am - 11.45am Fortnightly

For further information: www.shirleywarrenactionchurch.org.uk
action.church@o2.co.uk

Churches involved: Shirley Warren Action Church

Date information supplied / updated: 14/02/2015

New Dawn Child Contact Centre

Contact Person: Kirsty Cummins

Contact Telephone: 023 8034 7515

A safe and secure environment where children of divorced or separated families can spend time with the parent they no longer live with. Referrals are made by CAFCASS and local solicitors. A new referral system is currently being trialled in a few areas. It is expected to become nationwide.

Held in Spurgeon and Carey Halls at Shirley Baptist Church

Saturdays 10am - 12 noon Fortnightly

For further information: www.shirleybaptist.orgnewdawncentre@shirleybaptist.org

Churches involved: Shirley Baptist Church Date information supplied / updated: 25/08/2013

SAFE

Contact Person: Nigel Hughes

Contact Telephone: 023 8070 2222

SAFE helps isolated and disadvantaged people rethink their lives and find new ways forward. It helps them progress into work or further learning, and grow in confidence, self esteem and health.

Office: Unit 304 Solent Business Centre, Millbrook Rd West, Southampton SO15 0HW

Continuous service

For further information: www.safe.org.ukchoices@safe.org.uk

Churches involved: Shirley Parish Church Date information supplied / updated: 07/10/2013

Salvation Army Charity Shop

Contact Person: Helen Harrison (Manager)

Contact Telephone: 023 8052 8787

Shop at 421 Shirley Road selling a variety of goods (mainly pre-owned) at very affordable prices.

Monday-Saturday 10am - 4pm weekdays
10am - 1pm SaturdaysFor further information: www.shirleysa.org.uk

Churches involved: Shirley Salvation Army Date information supplied / updated: 26/11/2013

SCRATCH (Southampton City and Region Action to Combat Hardship)

Contact Person: Mike Smith

Contact Telephone: 023 8077 3132

SCRATCH relieves the effects of poverty for families and individuals with needs recognised by approved referral agencies in Southampton and the surrounding area.

Office at Unit 3, 1-16 Hollybrook Road, Southampton SO16 6RB

Continuous service

For further information: www.scratchcharity.co.uk

Churches involved: Shirley Parish Church et al Date information supplied / updated: 07/10/2013

Seedbed

Contact Person: Dick Seed

Contact Telephone: 023 8074 0318

This organisation in Southampton exists to support new grassroots community projects to be established in the city. They are able to give small grants and have in the past supported School Pastors, lunch clubs, debt advice services, listening and counselling services and community arts projects.

Continuous service

For further information: <http://locality.org.uk/our-members/seedbed-christian-community-dickseedfam@toucansurf.com>

Churches involved: St Mark's Church Date information supplied / updated: 25/11/2013

Southampton Street Pastors

Contact Person: James Musson

Contact Telephone: 023 8033 3387

Southampton Street Pastors offer reassurance, safety and support through listening, caring and helping. The service began by patrolling the City Centre streets on Friday and Saturday nights from 10pm - 4am. It has expanded to include being available to Cantell and Upper Shirley High secondary school children as they leave school and to members of the public in the parks.

For further information: www.southamptonstreetpastors.org.uk
southampton@streetpastors.org.uk

Churches involved: Many churches including CTiS churches Date information supplied / updated: 25/08/2013

Southampton Sunday Lunch Project

Contact Person:

Contact Telephone:

A free hot lunch is offered to individuals who are homeless, disadvantaged, alone, etc. in a warm and safe environment. Just come along on Sundays.

Held at Freemantle United Reformed Church

Sunday 11.00am - 2.00pm Weekly

For further information: <http://freemantle.urc.org.uk>

Churches Freemantle United Date information supplied / 28/10/2013
involved: Reformed Church updated:

Financial Help

Basics Bank

Contact Person: David Osborne

Contact Telephone: 07929 641 755

Provision of food and clothing for people in need from the venues below. There are over 300 Referral Agents who issue Basics Bank vouchers when they think it is appropriate.

Monday: Food – Above Bar Church, Ogle Road

Clothes – Central Hall, St Marys Street

Tuesday: Food – St Mary's Church, St Monica Road, Sholing

Wednesday: Food – Old Chemist, Bitterne Triangle

Thursday: Food – Swaythling Methodist Church, 286 Burgess Road

Friday: Food – Lordshill Ecumenical Church, Lordshill District Centre

Weekdays 10am - 3pm Daily Mon - Fri

For further information: www.southamptoncitymission.co.uk/basics-bank

Churches Many churches including Date information supplied / 13/08/2013
involved: CTiS churches updated:

Christians Against Poverty

Contact Person:

Contact Telephone: 0800 3280 006

Financial support service for those in need.

Operates from "The Old Chemist", 16 Manor Farm Road, Bitterne Park, SO18 1NP

Continuous service

For further information: www.southamptonvineyard.org.uk/about/cap/

Churches involved:	Southampton Vineyard et al	Date information supplied / updated:	13/08/2013
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Christians Against Poverty Course

Contact Person: Ian Dowdell

Contact Telephone: 023 8077 2484

A free money course designed to help people learn to manage their budget and debts. Held from time to time at the Parklife Cafe, St James Park. For the date of the next course see www.capuk.org .

Parklife Cafe, SO15 5LW

For further information: <https://capuk.org/theresa@shirleyparishchurch.org>

Churches involved:	Shirley Parish Church	Date information supplied / updated:	16/01/2014
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Christians Against Poverty Drop in

Contact Person: Anita Pike

Contact Telephone: 023 8090 4941

CAP Drop in session offering debt help.

Held at Freemantle Baptist Church

Wednesday	10.00am -12.00pm	Weekly
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For further information:

southampton@capuk.org

Churches involved:	Freemantle Baptist Church	Date information supplied / updated:	16/01/2014
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Mini Market

Contact Person: Terry Chorley

Contact Telephone: 023 8039 9949

Sale of goods and refreshments at very affordable prices.

Held at Shirley Baptist Church

Saturday 10.30am Monthly

For further information: www.shirleybaptist.org

Churches involved: Shirley Baptist Church Date information supplied / updated: 13/08/2013

Parent and Toddler Groups

Baby & Toddler Group

Contact Person: Revd Dave Mapes

Contact Telephone: 023 8063 7864

Parent and toddler group.

Held at St Mark's Church

Monday 9.15am - 11.15am Weekly in term time

For further information: www.stmarkssoton.co.uk

admin@stmarkssoton.co.uk

Churches involved: St Mark's Church Date information supplied / updated: 16/11/2013

Bubbles

Contact Person: Revd Linda Hayes

Contact Telephone: 01425 628 593

Afternoon session for pre school children and their parents and carers that includes crafts, cooking, music, stories and free play.

Held at Freemantle Baptist Church

Wednesday 1.00pm - 3.00pm Weekly in term time

For further information:

linda@dizzyanddaisy.plus.com

Churches involved: Freemantle Baptist Church Date information supplied / updated: 18/11/2014

Bumps and Babies

Contact Person: Becky & Brian Purchase
Contact Telephone: 023 8032 1303

Parent and baby group (in association with the National Childbirth Trust).

Held at St James Road Methodist Church

Wednesday 10.00am - 12.00 noon Weekly

For further information: www.stjamesroad.co.uk

Churches St James Road Methodist Date information supplied / 20/11/2013
involved: updated:

Flowerpots

Contact Person: Revd Linda Hayes
Contact Telephone: 01425 628 593

This group used to be run by Sure Start. It is now run by the parents themselves, assisted by church parents.

Held at Freemantle Baptist Church

Friday 10.00am - 12 noon Weekly

For further information:

linda@dizzyanddaisy.plus.com

Churches Freemantle Baptist Date information supplied / 18/11/2014
involved: Church updated:

Little Lions

Contact Person: Revd Dave Mapes
Contact Telephone: 023 8063 7864

Bible-based singing, drama and craft activities for under-5's.

Held at St Mark's Church

Thursday 10.15am Monthly - third Thursday except Aug

For further information: www.stmarkssoton.co.uk

admin@stmarkssoton.co.uk

Churches St Mark's Church Date information supplied / 16/11/2013
involved: updated:

Parent and Toddler Group

Contact Person: Eileen Aylett

Contact Telephone: 023 8077 1231

Play for pre-school children with their parents or other carers.

Held at St Boniface Church Hall

M, W, Th and F 9.00am - 11.30am

Daily in term time except Tu

For further information: www.st-boniface.org.uk

Churches involved: St Boniface Church

Date information supplied / updated: 02/10/2013

Parent and Toddler Group for the Polish Community

Contact Person: Eileen Aylett

Contact Telephone: 023 8077 1231

Play for pre-school Polish children with their parents or other carers.

Held at St Boniface Church Hall

Tuesday 9.00am - 11.30am

Weekly all year

For further information: www.st-boniface.org.uk

Churches involved: St Boniface Church

Date information supplied / updated: 02/10/2013

Speckled Frogs

Contact Person: Kirsty Cummins

Contact Telephone: 023 8039 9949

A Parent and Toddler Group with two rooms, one for more boisterous activities such as ride on toys, the other for quieter activities such as craft, puzzles and books. Cost 75p per family. A few additional sessions are held in the School Summer Holidays. The first session is free.

Held in the Spurgeon and Carey Halls at Shirley Baptist Church

Tuesday 10.00am - 11.30am

Weekly in term time

For further information: www.shirleybaptist.org

office@shirleybaptist.org

Churches involved: Shirley Baptist Church

Date information supplied / updated: 21/11/2013

Tadpoles

Contact Person: Becky & Brian Purchase

Contact Telephone: 023 8032 1303

Parent and toddler group run in partnership with Shirley pre-school.

Held at St James Road Methodist Church

Wednesday 1.00pm - 2.30pm Weekly in term time

For further information: www.stjamesroad.co.uk

tadpoles@stjamesroad.co.uk

Churches involved: St James Road Methodist Date information supplied / updated: 15/02/2015

Teddies Playgroup

Contact Person: Claire Igglesden

Contact Telephone: 023 8063 5600

Crafts, singing and play for under 5s with their parents or other carers. Tea and biscuits are provided and there is a small charge of £1.

Held at Southampton Seventh Day Adventist Church

Wednesday 10.00am - 12.00 noon Weekly in term time

For further information: www.southamptonadventist.org.uk

Churches involved: Southampton Seventh Day Adventist Church Date information supplied / updated: 01/03/2015

The Ark

Contact Person: Theresa Bowen

Contact Telephone: 023 8077 1755

Playtime, singing & crafts toddler and carer group.

Held at St John's Church Centre

Fridays 10.30am - 12 noon Weekly in term time

For further information: www.shirleyparishchurch.org.uk

Churches involved: Shirley Parish Church Date information supplied / updated: 07/10/2013

Tots & Co

Contact Person: Revd Brian Wallis
Contact Telephone: 07825 041 295

Parent and toddler group.

Held at Elim Christian Centre

Thursday 10.00am - 11.45am Weekly in term time

For further information: www.elimchristiancentre.com

Churches Elim Christian Centre Date information supplied / 26/11/2013
involved: updated:

Who let the dads out? (WLTD0)

Contact Person: Brian Purchase
Contact Telephone: 023 8032 1303

Activities for Dads and male carers with their children aged 0 - 6 years.

Held at St James Road Methodist Church

Saturday 9.30am - 11.30am Monthly - second Saturday

For further information: www.stjamesroad.co.uk
wltido@stjamesroad.co.uk

Churches St James Road Methodist Date information supplied / 15/02/2015
involved: updated:

Children's Clubs

Boys Brigade

Contact Person: Dave Doswell (Captain)
Contact Telephone: 023 8087 2648

A range of fun and developmental activities for boys aged 5 to 11 years.
Encouragement to engage with the needs of others (especially other children and young people).

Held at Isaac Watts Memorial Church

Monday 6.00pm - 8.45pm Weekly

For further information: www.isaacwatts.org.uk/

Churches Isaac Watts Memorial Date information supplied / 03/11/2013
involved: Church updated:

Boys Brigade - Anchors

Contact Person: Jason Deabill

Contact Telephone: 01489 589 550

A range of fun and developmental activities for boys from 5 to 7 years old. Encouragement to engage with the needs of others (especially other children and young people).

Held at St James Road Methodist Church

Friday 5.00pm - 6.15pm Weekly

For further information: www.stjamesroad.co.ukbbga@stjamesroad.co.uk

Churches involved: St James Road Methodist Date information supplied / updated: 01/03/2015

Boys Brigade - Juniors

Contact Person: Jason Deabill

Contact Telephone: 01489 589 550

A range of fun and developmental activities for boys in school years 3-5. Encouragement to engage with the needs of others (especially other children and young people).

Held at St James Road Methodist Church

Friday 6.30pm - 8.15pm Weekly

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist Date information supplied / updated: 01/03/2015

Brownies

Contact Person: Lesley Travis

Contact Telephone: 023 8178 6386

A meeting for girls aged 7 to 10 years where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and their communities.

Held at Freemantle United Reformed Church

Monday 5.45pm - 7.15pm Weekly in term time

For further information: <http://freemantle.urc.org.uk>

Churches involved: Freemantle United Reformed Church Date information supplied / updated: 28/10/2013

Brownies

Contact Person: Jean Vivian

Contact Telephone: 023 8039 9949

A meeting for girls aged 7 to 10 years where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and their communities.

Held at Shirley Baptist Church

Monday 6.15pm - 7.45pm Weekly in term time

For further information: www.shirleybaptist.org
office@shirleybaptist.org

Churches Shirley Baptist Church Date information supplied / 21/11/2013
involved: updated:

Explorers

Contact Person: Revd Brian Wallis

Contact Telephone: 07825 041 295

Club for children aged 6 to 11 years. Games, activities, cookery, singing etc

Held at Elim Christian Centre

Friday 6.15pm - 7.45pm Weekly in term time

For further information: www.elimchristiancentre.com

Churches Elim Christian Centre Date information supplied / 26/11/2013
involved: updated:

FROGs

Contact Person: Angela Wood

Contact Telephone: 023 8077 1231

Club for children in school years 3-6. Meets in term time only.

Held at St Boniface Church Hall

Friday 6.00pm - 7.15pm Twice monthly - 2nd & 4th Friday

For further information: www.st-boniface.org.uk

Churches St Boniface Church Date information supplied / 17/02/2015
involved: updated:

Fun with Faith

Contact Person: Revd Jenny Elliott

Contact Telephone: 023 8078 7930

This is a group where children are helped to explore what it means to have faith. This is done through bible stories, games, crafts and having lots of fun. It is for children from reception class age to 10 years old. For further information please contact Jenny Elliott or Angie Baker who run the group.

Held at Shirley Warren Action Church

Friday 3.45pm - 5.00pm Weekly in term time.

For further information: www.shirleywarrenactionchurch.org.uk
action.church@o2.co.uk

Churches Shirley Warren Action Date information supplied / 25/11/2013
involved: Church updated:

Girls Brigade

Contact Person: Rosalie Doswell (Captain)

Contact Telephone: 023 8087 2648

A range of fun and developmental activities for girls aged 5 to 11 years.

Held at Isaac Watts Memorial Church

Monday 6.00pm - 8.45pm Weekly in term time

For further information: www.isaacwatts.org.uk/

Churches Isaac Watts Memorial Date information supplied / 03/11/2013
involved: Church updated:

Kids Club

Contact Person: Claire Mynott

Contact Telephone: 023 8077 1655

Club for children aged 5 to 12 years. Includes games, craft, snooker and computer consoles. Run by Andy Sharpe and Claire Mynott.

Held at Shirley Salvation Army Hall

Friday 6.15pm - 7.30pm Weekly in term time

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army Date information supplied / 26/11/2013
involved: updated:

Livewires

Contact Person: Revd Linda Hayes

Contact Telephone: 01425 628 593

After school club for school children aged 4 to 8, their siblings and parents.

Held at Freemantle Baptist Church

Wednesday 3.30pm - 5.00pm

Weekly in term time

For further information:

linda@dizzyanddaisy.plus.com

Churches
involved: Freemantle Baptist
Church

Date information supplied /
updated: 18/11/2014

Star Seekers

Contact Person: Christine Seed

Contact Telephone: 023 8074 0318

A fun afternoon of craft, games, drama and bible stories for girls and boys aged 4 -11 years old. At 4.00pm, parents and carers are invited to tea and cakes and to hear what their children have been doing. For future dates see church website or email Christine at address below.

Held at St Mark's Church

Saturday 1.30pm - 4.00pm

Alternate months

For further information: www.stmarkssoton.co.uk

starseekers@stmarkssoton.co.uk

Churches
involved: St Mark's Church

Date information supplied /
updated: 01/03/2015

Wacky Wednesdays

Contact Person: Jo Snape

Contact Telephone: 023 8039 9949

Fun time for boys and girls in school years Reception to 3 with games, crafts and activities.

Held in the Spurgeon Hall at Shirley Baptist Church

Wednesday 5.00pm - 6.15pm

Weekly in term time

For further information: www.shirleybaptist.org

jo@shirleybaptist.org

Churches
involved: Shirley Baptist Church

Date information supplied /
updated: 21/11/2013

Wild Wild Wednesdays

Contact Person: Jo Snape

Contact Telephone: 023 8039 9949

Fun time for boys and girls in school years 4 - 6 with games, crafts and activities.

Held in the Spurgeon and Carey Halls at Shirley Baptist Church

Wednesday 6.15pm - 7.30pm

Weekly in term time

For further information: www.shirleybaptist.org

jo@shirleybaptist.org

Churches involved: Shirley Baptist Church

Date information supplied / updated: 21/11/2013

Youth Clubs

Boys Brigade - Inters

Contact Person: Jason Deabill

Contact Telephone: 01489 589 550

A range of fun and developmental activities for boys in school years 6-8. Activities include many sports such as football, kayaking, cross-country and volley ball.

Held at St James Road Methodist Church

Friday 7.00pm - 9.00pm

Weekly in term time

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist

Date information supplied / updated: 01/03/2015

Boys Brigade - Seniors

Contact Person: Jason Deabill

Contact Telephone: 01489 589 550

Activities for boys in school years 9 and above. Activities include many sports such as football, kayaking, cross-country and volley ball.

Held at St James Road Methodist Church

Friday 7.00pm - 9.30pm

Weekly in term time

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist

Date information supplied / updated: 01/03/2015

Boys Brigade Senior Section

Contact Person: Dave Doswell (Captain)

Contact Telephone: 023 8087 2648

A range of fun and developmental activities for boys aged 12 to 18 years.
Encouragement to engage with the needs of others (especially other children and young people).

Held at Isaac Watts Memorial Church

Monday 6.00pm - 8.45pm Weekly in term time

For further information: www.isaacwatts.org.uk/

Churches Isaac Watts Memorial Date information supplied /
involved: Church updated: 03/11/2013

BUZZ.energise

Contact Person: Matt Bianchi

Contact Telephone: 023 8077 1755

Themed monthly youth club to socialise, meet friends and join in with activities for school years 7-11.

Held at St John's Church Centre

Saturday 7.30pm - 9.30pm Sat before the 3rd Sun except Aug

For further information: www.buzzsouthampton.com

thebianchis@ymail.com

Churches Shirley Parish Church Date information supplied /
involved: updated: 07/10/2013

Connected

Contact Person: Revd Brian Wallis

Contact Telephone: 07825 041 295

This youth group is in transition. Visit website below for details as they become available.

Held at Elim Christian Centre

For further information: www.elimchristiancentre.com

Churches Elim Christian Centre Date information supplied /
involved: updated: 26/11/2013

Fanning the Flame

Contact Person: Angela Wood

Contact Telephone: 023 8077 1231

An open access youth club for those in school years 7 to 13 with an emphasis on fun and learning. Activities include socials, film nights and canoeing.

Held at St Boniface Church Hall

Friday 7.30pm - 9.15pm Weekly in term time

For further information: www.st-boniface.org.uk

Churches involved: St Boniface Catholic Church Date information supplied / updated: 02/10/2013

Friday Night Takeaway

Contact Person: Jo Snape

Contact Telephone: 023 8039 9949

Social gathering for 12-14 year olds.

Held in the Spurgeon and Carey Halls at Shirley Baptist Church

Friday 6.45pm - 8.15pm Weekly in term time

For further information: www.shirleybaptist.org
jo@shirleybaptist.org

Churches involved: Shirley Baptist Church Date information supplied / updated: 24/09/2014

Girl Guides

Contact Person: Janet Weafer

Contact Telephone: 023 8049 3826

A meeting for girls aged 10 to 14 years where they can be themselves, have fun, build brilliant friendships, gain valuable life skills and make a positive difference to their lives and their communities.

Held at Freemantle United Reformed Church

Thursday 7.00pm - 8.30pm Weekly in term time

For further information: <http://freemantle.urc.org.uk>

Churches involved: Freemantle United Reformed Church Date information supplied / updated: 28/10/2013

Girls Brigade Senior Section

Contact Person: Rosalie Doswell (Captain)

Contact Telephone: 023 8087 2648

A range of fun and developmental activities for girls aged 12 to 18 years.

Held at Isaac Watts Memorial Church

Monday 6.00pm - 8.45pm Weekly in term time

For further information: www.isaacwatts.org.uk/

Churches involved: Isaac Watts Memorial Church Date information supplied / updated: 03/11/2013

The . Club

Contact Person: J Timewell and C Mynott

Contact Telephone: 023 8039 9949

Youth Club run by Jo Timewell and Claire Mynott and held at Shirley Baptist Church and Shirley Salvation Army on alternate weeks.

Friday 8.00pm - 10.15pm Weekly in term time

For further information: www.shirleybaptist.org

Churches involved: Shirley Baptist Church and Shirley Salvation Date information supplied / updated: 26/11/2013

For Families

Light Party

Contact Person: Lena Phillips

Contact Telephone: 023 8077 1755

Annual family party as an alternative to Halloween.

Held at St James Church

31st October 5.00pm - 6.00pm Annually

For further information: www.shirleyparishchurch.org.uk
theresa@shirleyparishchurch.org

Churches involved: Shirley Parish Church Date information supplied / updated: 07/10/2013

Messy Church

Contact Person: Katie Deabill

Contact Telephone: 01489 589 550

Informal church for families.

Held at St James Road Methodist Church

Sunday 4.00pm Monthly - first Sunday

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist Date information supplied / updated: 15/02/2015

Messy Church

Contact Person: Jo Snape

Contact Telephone: 023 8039 9949

Informal church for families with lots of themed activities and a meal together.

Held at Shirley Baptist Church

Saturday 10.30am - 12.30pm Bi-monthly

For further information: www.shirleybaptist.org

jo@shirleybaptist.org

Churches involved: Shirley Baptist Church Date information supplied / updated: 21/11/2013

Shirley Twins and Multiples Club

Contact Person: Cora Dalton

Contact Telephone: 07957 956 575

Social gathering for families with twins or multiple births and those expecting multiple births. A Health Visitor attends once a month. A contribution of £1 per family goes towards snacks for the children and hot drinks for the adults. Older siblings are also welcome.

Held at St James Road Methodist Church

Friday 9.30am - 11.30am Weekly in term time

For further information: www.stjamesroad.co.uk

shirleydoubledelights@aim.com

Churches involved: St James Road Methodist Date information supplied / updated: 18/11/2014

Superstars

Contact Person: L Phillips or T Bowen

Contact Telephone: 023 8077 1755

Lena Phillips and Theresa Bowen run this monthly event for families and primary school aged children. Breakfast is served and there are games, crafts, Bible stories and newspapers.

Held at Wordsworth Primary School

Sunday

10.00am - 11.30am

Monthly - second Sunday

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches
involved:

Shirley Parish Church

Date information supplied /
updated: 28/02/2015

Schools' Work

Collective Worship Team

Contact Person: Lena Phillips

Contact Telephone: 023 8077 1755

Taking assemblies and classes in local schools,

For further information:

lena@shirleyparishchurch.org

Churches
involved:

Several CTiS churches

Date information supplied /
updated: 13/08/2013

Firgrove Family Trust

Contact Person: Sharon O' Farrell

Contact Telephone: 023 8078 3134

Delivery of sex and relationship education to local schools.

For further information:

firgrove@talk21.com

Churches
involved:

Several churches

Date information supplied /
updated: 13/08/2013

School Pastors

Contact Person: James Musson

Contact Telephone: 023 8033 3387

Support to pupils at Upper Shirley High and Cantell secondary schools every Tuesday, Wednesday and Friday afternoon as the school day ends.

For further information: www.southamptonstreetpastors.org.uk

Churches
involved: Several CTiS churches

Date information supplied /
updated: 13/08/2013

Meals

Community Lunch Club for the elderly

Contact Person: Eve Scally

Contact Telephone: 023 8032 3602

Lunch for seniors.

Held at Isaac Watts Memorial Church

Monday

12.30pm

Monthly - second Monday

For further information: www.isaacwatts.org.uk/

Churches
involved: Isaac Watts Memorial
Church

Date information supplied /
updated: 03/11/2013

Friday Lunch Club

Contact Person: Revd Jenny Elliott

Contact Telephone: 023 8078 7930

A two course meal for £4. Everyone is welcome.

Held at Shirley Warren Action Church

Friday

12 noon

Weekly

For further information: www.shirleywarrenactionchurch.org.uk
action.church@o2.co.uk

Churches
involved: Shirley Warren Action
Church

Date information supplied /
updated: 25/11/2013

Haven Lunch Club with Communicare

Contact Person: Jen Pike

Contact Telephone: 07709 754 332

Freshly cooked midday meal at a very low price and company for all. Prior booking not needed. Transport and activities, including outings are provided by Communicare.

Held at St Mark's Church

Friday 11.00am – 2.45pm Weekly

For further information: www.stmarkssoton.co.ukadmin@stmarkssoton.co.uk

Churches involved: St Mark's Church (with Communicare) Date information supplied / updated: 25/11/2013

Luncheon Club

Contact Person: Doreen Oxenbury

Contact Telephone: 023 8039 9949

Group meal for those who would normally eat alone. Prior booking is required.

Held in the Spurgeon Hall at Shirley Baptist Church

Thursday 12 noon Weekly except August

For further information: www.shirleybaptist.orgoffice@shirleybaptist.org

Churches involved: Shirley Baptist Church Date information supplied / updated: 21/11/2013

Luncheon Club

Contact Person: Major Teresa Harris

Contact Telephone: 023 8077 1655

Currently a simple meal of soup and dessert but there are plans to change this to a more substantial meal.

Held at Shirley Salvation Army Hall

Monday 12.30pm - 1.30pm Weekly

For further information: www.shirleysa.org.uk

Churches involved: Shirley Salvation Army Date information supplied / updated: 26/11/2013

New Evergreens Luncheon Club

Contact Person: Theresa Bowen

Contact Telephone: 023 8077 1755

A hot 2 course meal for the over 60s followed by bingo.

Held at Shirley Parish Hall

Wednesday 12noon - 2.30pm

Monthly - 2nd Wed except Aug

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches
involved: Shirley Parish Church

Date information supplied /
updated: 07/10/2013

Oasis Monthly

Contact Person: Revd Brian Wallis

Contact Telephone: 07825 041 295

A social gathering with a meal served at 12 noon for anyone who wants to come along. When the first Monday of the month is a Bank Holiday, it is held the following Monday.

Held at Elim Christian Centre

Monday 11.00-2.00 pm

Monthly - first Monday

For further information: www.elimchristiancentre.com

Churches
involved: Elim Christian Centre

Date information supplied /
updated: 26/11/2013

SJR Supper Club

Contact Person: Liz Woodman

Contact Telephone: 023 8073 5936

Meal and fellowship.

Held at St James Road Methodist Church

Tuesday 6.00pm

Monthly - usually first Tuesday

For further information: www.stjamesroad.co.uk

Churches
involved: St James Road Methodist

Date information supplied /
updated: 20/11/2013

Soup and Sweet lunch

Contact Person: Anita Milam

Contact Telephone: 023 8070 2296

Soup and sweet lunch.

Held at St James Road Methodist Church

Monday

12.30pm

Monthly - third Monday

For further information: www.stjamesroad.co.uk

Churches
involved:

St James Road Methodist

Date information supplied /
updated: 20/11/2013

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Social Afternoons

"Get Together"

Contact Person: Christine Thomson

Contact Telephone: 023 8036 7014

This group is open to all and will be a time to relax and enjoy each other's company. Bring along your knitting, crochet, calligraphy, scrabble, board games, whatever or just come along for a chat.

Held in The Link at Shirley Baptist Church

Thursday

2.00pm - 4.00pm

Weekly

For further information: www.shirleybaptist.org

office@shirleybaptist.org

Churches
involved:

Shirley Baptist Church

Date information supplied /
updated: 24/09/2014

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Sonshine

Contact Person: K Mead or R Heather

Contact Telephone: 023 8078 7930

Kathy Mead and Ron Heather run this mid-week group which meets for friendship, bible-study and worship. The meetings are very informal and everyone is very welcome to come along. The programme is very varied. Sometimes we go out for afternoon tea, do some simple crafts and sometimes we share a meal together. There are often homemade cakes to enjoy. You will always find a friendly smile and a warm welcome at this group.

Held at Shirley Warren Action Church

Wednesday 2.30pm - 4.30pm Fortnightly

For further information: www.shirleywarrenactionchurch.org.uk
action.church@o2.co.ukChurches Shirley Warren Action Date information supplied / 14/02/2015
involved: Church updated:**Teapot**

Contact Person: Liz Woodman

Contact Telephone: 023 8073 5936

Tea and home made cake.

Held at St James Road Methodist Church

Thursday 2.30pm - 4.30pm Monthly - first Thursday

For further information: www.stjamesroad.co.ukChurches St James Road Methodist Date information supplied / 20/11/2013
involved: updated:

Social Afternoons for the Elderly

Activities for the Elderly

Contact Person: Eileen Aylett

Contact Telephone: 023 8077 1231

Social gathering that includes talks, bingo, excursions and meals.

Held at St Boniface Church Hall

Wednesday 1.30pm - 3.30pm Weekly

For further information: www.st-boniface.org.uk

Churches St Boniface church
involved:

Date information supplied /
updated: 02/10/2013

CAMEO (Come and meet each other)

Contact Person: Joan Barron

Contact Telephone: 023 8077 0255

Entertainers, speakers and trips out for anyone aged 55 or over. A charge of £5 per month for 10 months covers all meetings, trips out and a Christmas meal. Alternatively pay just £1.25 on each visit and separately for the trips and Christmas meal.

Held at Shirley Salvation Army

Monday 1.45pm - 3.00pm Weekly

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army
involved:

Date information supplied /
updated: 26/11/2013

Friday Friendship Club

Contact Person: B Rothwell or J Burns

Contact Telephone: 023 8032 3960

John Burns and Barbara Rothwell run this club. A social gathering, including entertainment, it primarily attracts the elderly though all adults are welcome. Just come in.

Held in the Spurgeon Hall at Shirley Baptist Church

Friday 1.45pm - 3.30pm Weekly except August

For further information: www.shirleybaptist.org

r.rothwell1@ntlworld.com

Churches Shirley Baptist Church
involved:

Date information supplied / 01/03/2015
updated:

New Evergreens Club

Contact Person: C Williams or F Attwood

Contact Telephone: 023 8077 1755

This club is run by Carol Williams & Frances Attwood. It is aimed at those aged 60+ and is an opportunity to spend time with others. There is usually a speaker.

Held at Shirley Parish Hall

Wednesday 2.00pm - 3.30pm Monthly - first Wed except Aug

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches Shirley Parish Church
involved:

Date information supplied / 28/02/2015
updated:

Holiday Clubs for the Elderly

Holiday at Home

Contact Person: Barbara Rothwell

Contact Telephone: 023 8032 3960

Event aimed at those who are lonely during the holiday period and including a choice of activities to suit different tastes. Cooked lunch and tea. Transport provided on request. Booking form needs to be completed.

Held in the Spurgeon and Carey Halls at Shirley Baptist Church

Tues, Wed & Thurs 10.30am - 6.00pm

Annually in August

For further information: www.shirleybaptist.org

r.rothwell1@ntlworld.com

Churches involved: Shirley Baptist Church

Date information supplied / updated: 01/03/2015

Coffee Mornings

Coffee and tea

Contact Person:

Contact Telephone: 023 8077 1515

Coffee and tea served by a number of people on a rota.

Held at St James Road Methodist Church

Monday, Tuesday & Wednesday 10.00am - 12.00pm

Weekly

Wednesday

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist

Date information supplied / updated: 20/11/2013

Coffee Morning

Contact Person: Revd Linda Hayes

Contact Telephone: 01425 628 593

Social gathering for all-comers with coffee, cakes, bric-a-brac and craft.

Held at Freemantle Baptist Church

Saturday 10.30am - 12.30pm Bimonthly

For further information:

linda@dizzyanddaisy.plus.comChurches
involved: Freemantle Baptist
ChurchDate information supplied /
updated: 18/11/2014**Coffee Morning**

Contact Person: Chris(tine) Grant

Contact Telephone: 023 8077 9111

Coffee morning open to all with donated goods on sale.

Held at Shirley Salvation Army

Friday 9.30am - 12 noon Weekly

For further information: www.shirleysa.org.ukChurches
involved: Shirley Salvation ArmyDate information supplied /
updated: 26/11/2013**Coffee Morning**

Contact Person: Shelagh Ryan

Contact Telephone: 023 8077 1231

Social gathering for all-comers

Held at St Boniface Church Hall

Friday 10.30am - 12noon Weekly

For further information: www.st-boniface.org.ukChurches
involved: St Boniface ChurchDate information supplied /
updated: 02/10/2013

Community Coffee Morning

Contact Person: Major Teresa Harris

Contact Telephone: 023 8077 1655

A chance for residents in the local area to meet together and chat over coffee and cake.

Held at Shirley Salvation Army Hall

Wednesday 9.30am -12.00pm Weekly

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army
involved:

Date information supplied /
updated: 26/11/2013

Friendship Group for those with Diabetes

Contact Person: Brenda Dickinson

Contact Telephone: 023 8084 1494

This group is open to all who have diabetes.

Held at Shirley Salvation Army Hall

Thursday 10.00am - 11.00am Monthly - second Thursday

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army
involved:

Date information supplied /
updated: 26/11/2013

Open for Coffee

Contact Person: Elaine Mason

Contact Telephone: 023 8039 9949

A chance for all in the local community to drop in for coffee and a chat. Other beverages and light refreshments are also available. No charge. Start date: 3 October 2014.

Held in The Link at Shirley Baptist Church

Friday 11.00am - 1.30pm Weekly

For further information: www.shirleybaptist.org

office@shirleybaptist.org

Churches Shirley Baptist Church
involved:

Date information supplied /
updated: 24/09/2014

Open for Coffee

Contact Person: Jane Rackham

Contact Telephone: 023 8039 9949

A chance for all in the local community to drop in for coffee and a chat. Other beverages and light refreshments are also available. No charge.

Held in The Link at Shirley Baptist Church

Wednesday

10am - 12 noon

Weekly in term time

For further information: www.shirleybaptist.org

office@shirleybaptist.org

Churches
involved:

Shirley Baptist Church

Date information supplied /
updated: 24/09/2014

Women's Meetings

Ladies Evening Fellowship

Contact Person: Christine Evans

Contact Telephone: 023 8076 8424

A social gathering, usually with invited speakers, always with refreshments.

Held in the Carey Hall at Shirley Baptist Church

Tuesday

7.30pm

Monthly - second Tuesday

For further information: www.shirleybaptist.org

ann.christine@btinternet.com

Churches
involved:

Shirley Baptist Church

Date information supplied /
updated: 21/11/2013

M&M's Ladies Group

Contact Person: Jill Waldron

Contact Telephone: 023 8046 6474

This group is led by Kathy Sweeney and Jill Waldron. The meetings are interactive, stimulating and diverse eg. crafts, cultural cooking, musical and sharing ideas. They are primarily aimed at ladies aged 30 - 60 ish. New members, occasional visitors and even those who can just pop in are welcome. You can be assured of a warm reception and a decent cup of coffee! For current programme see website.

Held in the Link at Shirley Baptist Church

Wednesday 7.45pm

Monthly - often last Wednesday

For further information: www.shirleybaptist.orgjandjwaldron@gmail.com

Churches involved: Shirley Baptist Church

Date information supplied / updated: 16/02/2015

Women's Wednesday Group

Contact Person: Susan Ponsford

Contact Telephone: 023 8077 7982

Social activities, discussion and invited speakers.

Held at St James Road Methodist Church

Wednesday 7.30pm

Weekly

For further information: www.stjamesroad.co.uk

Churches involved: St James Road Methodist

Date information supplied / updated: 20/11/2013

Hobby Groups

Art Club

Contact Person: Frances Heather

Contact Telephone: 07850 189 069

This club normally runs of an afternoon but sometimes for the whole day so longer can be spent on crafts. On these days, people can come along for the morning or afternoon session or for both. The cost is £2.50 per session. There is a loan library available for certain equipment for one week at a time. Please contact Frances for details. Refreshments 50p per cup. Everyone most welcome.

Held at Shirley Warren Action Church

Tuesday

1.00pm - 3.00pm

Weekly in term time

For further information: www.shirleywarrenactionchurch.org.uk

action.church@o2.co.uk

Churches
involved:

Shirley Warren Action
Church

Date information supplied /
updated: 25/11/2013

Craft Club

Contact Person: Sophie Baker

Contact Telephone: 023 8051 3227

This community craft club is open to everyone. There are demonstrations and materials are provided for you to "have a go". A small donation, typically £2, is requested to cover the cost of the materials. Activities have included card making, stone painting, rag rug making, flower arranging, knitting and crochet.

Held at St Mark's Church

Tuesday

7.30pm - 9.30pm

1st & 3rd Tuesday each month

For further information: www.stmarkssoton.co.uk

admin@stmarkssoton.co.uk

Churches
involved:

St Mark's Church

Date information supplied /
updated: 26/02/2015

Garden Club

Contact Person: Phoebe Ross

Contact Telephone: 023 8066 0225

For any individuals or groups that wish to join the existing enthusiastic band of volunteers who regularly give up their time to care for and improve the Garden at Shirley Warren Action Church for the benefit of its users. There are free refreshments and you can stay as long or as little as you like.

Held at Shirley Warren Action Church Garden

Monday 1.30pm - 4.00pm Weekly except August

For further information: www.shirleywarrenactionchurch.org.uk
action.church@o2.co.uk

Churches involved: Shirley Warren Action Church Date information supplied / updated: 25/11/2013

Mark's Movies

Contact Person: Derek Willis

Contact Telephone: 023 8049 2675

A movie experience in a relaxed bistro cafe-style setting.

Held at St Mark's Church

Tuesday 7.30pm for 7.45pm start Monthly - last Tuesday

For further information: www.stmarkssoton.co.uk
admin@stmarkssoton.co.uk

Churches involved: St Mark's Church Date information supplied / updated: 25/11/2013

Men in Boots

Contact Person: Lee Barfoot

Contact Telephone: 023 8077 1755

Walking group for men. The walks are typically 8 to 10 miles long.

Saturday Usually around 9.30am start About every other month

For further information: www.shirleyparishchurch.org.uk
theresa@shirleyparishchurch.org

Churches involved: Shirley Parish Church Date information supplied / updated: 07/10/2013

Sat Navs

Contact Person: Carol Hayward

Contact Telephone: 023 8077 1755

Walking group for ladies starting from St James Parish Hall, Colebrook Ave. Walks are typically 3 to 6 miles long.

Saturday

9.45am

Monthly - first Saturday

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches
involved:

Shirley Parish Church

Date information supplied /
updated: 07/10/2013

Sports Clubs

Badminton and Table Tennis Club

Contact Person: Revd Dr Sarah Hall

Contact Telephone: 023 8076 8004

We play for fun, not competitively, usually games of doubles. Everyone welcome for a bit of exercise and a chat! All ages and abilities are welcome. Just turn up! Cost is £2 per session.

Held at Freemantle United Reformed Church

Monday

7.30 pm

Weekly

For further information: <http://freemantle.urc.org.uk>

Churches
involved:

Freemantle United
Reformed Church

Date information supplied /
updated: 01/03/2015

Badminton Club

Contact Person: Derek Bone

Contact Telephone: 023 8077 9779

Badminton for fun, friendship and exercise.

Held at St James Road Methodist Church

Wednesday

7.30pm

Weekly (except mid summer)

For further information: www.stjamesroad.co.uk

Churches
involved:

St James Road Methodist

Date information supplied /
updated: 20/11/2013

Ladies Netball

Contact Person: Tammy Reichelt

Contact Telephone: 023 8077 1755

Fun netball games open to all ladies. Held at the Sports Centre.

Friday

7.00pm

Usually fortnightly

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches
involved:

Shirley Parish Church

Date information supplied /
updated: 07/10/2013

Short Mat Bowls Club

Contact Person: Gerry Gordon

Contact Telephone: 023 8077 7426

The club meets weekly in the Church Hall B. It is fully equipped with all bowling equipment. New members would be very welcome. Players must wear soft shoes with no heels when bowling.

Held at St James Road Methodist Church

Tuesday

2.15pm

Weekly

For further information: www.stjamesroad.co.uk

Churches
involved:

St James Road Methodist

Date information supplied /
updated: 20/11/2013

Outside Organisations using church premises

Alcoholics Anonymous

Contact Person:

Contact Telephone: 0845 7697 555

A meeting for all those who think they have a problem with their drinking and who are seeking help to overcome it. The contact number is the national helpline.

Held in the Keeble Centre, Shirley Baptist Church

Thursday

7.30pm

Weekly

For further information: alcoholics-anonymous.org.uk

help@alcoholics-anonymous.org.uk

Churches
involved:

Shirley Baptist Church

Date information supplied /
updated: 21/11/2013

Alcoholics Anonymous

Contact Person:

Contact Telephone: 0845 7697 555

A meeting for all those who think they have a problem with their drinking and who are seeking help to overcome it. The contact number is the national helpline.

Held at Freemantle United Reformed Church

Tuesday & Friday 7.30pm

Twice weekly

For further information: alcoholics-anonymous.org.uk

help@alcoholics-anonymous.org.uk

Churches
involved: Freemantle United
Reformed Church

Date information supplied /
updated: 28/10/2013

Baby Sensory

Contact Person: Helen Dicks

Contact Telephone: 07803 457 278

Weekly classes in which you and your baby experience different sensory activities designed to support baby's sensory development. Fridays: 10.00am -11.00am (babies 7 – 13 months), 11.30am – 12.30pm (newborn – 6 months), 1.00pm – 2.00pm (babies 5 – 13 months). Free taster sessions available by arrangement.

Held at Freemantle United Reformed Church

Friday: classes at 10.00am, 11.30am & 1.00pm Weekly

For further information: www.babysensory.com

southamptoneast@babysensory.co.uk

Churches
involved: Freemantle United
Reformed Church

Date information supplied /
updated: 01/03/2015

Counselling Service

Contact Person: M Masters & B Dean

Contact Telephone: 023 8077 2120

This is an open access counselling service that is run by Martin Masters and Barbara Dean of J Beavis & Sons, funeral directors. There is no charge and the service is not limited to those who have been bereaved.

Held at Shirley Salvation Army Hall

Thursday 9.45am - 11.45am

Weekly

For further information:

Churches
involved: Shirley Salvation Army

Date information supplied /
updated: 26/11/2013

Jiggy Wrigglers

Contact Person: Katie

Contact Telephone: 0800 612 4375

Musical activity group for babies, toddlers and pre-schoolers. £4 per family. Everyone is welcome and there is no need to book or pay in advance. There is no extra charge for siblings and refreshments are free for all!

Held at Freemantle Baptist Church

Tuesday 10.00am Weekly

For further information: www.jiggywrigglers.com
enquiries@jiggywrigglers.com

Churches involved: Freemantle Baptist Church Date information supplied / updated: 16/01/2014

Lingotot (Languages for Life)

Contact Person: Melissa

Contact Telephone: 0845 680 8148

This course introduces children aged 0+ to French through stories, songs, games and play. Classes are interactive and fun, designed to expose you and your child to French in a friendly and relaxed environment. For a free taster session, please email Melissa.

Held at Freemantle United Reformed Church

Monday 9.30am - 10.20am Weekly

For further information: www.lingotot.com
melissa@lingotot.com

Churches involved: Freemantle United Reformed Church Date information supplied / updated: 02/03/2015

Modified Pilates

Contact Person: Michelle Kitson

Contact Telephone: 07870 297 270

Pilates is a mind-body conditioning exercise programme. This session is run by Michelle, a Chartered Physiotherapist.

Held in the Carey Hall at Shirley Baptist Church

Wednesday 7.30pm

Weekly

For further information: www.shirleybaptist.org

michellekitson@yahoo.co.uk

Churches
involved: Shirley Baptist Church

Date information supplied /
updated: 21/11/2013

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Singing for the Brain

Contact Person: Kate Turnbull

Contact Telephone: 023 8061 0159

These sessions are run by the Alzheimer's Society and are suitable for all dementia sufferers with their carers. There is no charge and prior booking is not needed.

Held in The Link, Shirley Baptist Church

Thursday 10.30am - 12noon

Twice monthly - 2nd & 4th Thursday

For further information: www.alzheimers.org.uk

southampton@alzheimers.org.uk

Churches
involved: Shirley Baptist Church

Date information supplied /
updated: 24/09/2014

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Southampton Repair Café

Contact Person: Pat Oliver

Contact Telephone: 023 8033 3229

Come along with small items for repair and enjoy cakes, teas and coffees. This café is run in partnership with Transition Southampton. It aims to keep everyday items away from landfill as well as giving people the opportunity to learn new skills. Previous cafes have included skilled repairs for electrical items, jewellery, needlework, bikes, computers and wooden furniture. Free entry.

Held at Freemantle United Reformed Church

Saturday 10.30am - 1.00pm Monthly - 1st Saturday

For further information: <http://freemantle.urc.org.uk>
pat.oliver.crcw@swhg.org.uk

Churches Freemantle United Date information supplied /
involved: Reformed Church updated: 01/03/2015

Tai Chi

Contact Person: Chris(topher) Dyson

Contact Telephone: 023 8077 1655

Two classes each lasting 60 minutes. There is a fee of £3 for the class at 10am but the class at 11am is free with donations invited for charity.

Held at Shirley Salvation Army Hall

Monday 10.00am - 11.00am & Weekly
 11.00am - 12.00noon

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army Date information supplied /
involved: updated: 26/11/2013

Toddler Sense

Contact Person: Charlene Kidd

Contact Telephone: 07889 259 995

Toddler Sense is a fast-moving, action-packed programme with the emphasis on mobility and excitement. Every week introduces a whole new adventure. The class at 10am is for those aged 13 to 18 months, the class at 11.10am is for those aged 18 to 36 months. For prices and to reserve a place, please contact Charlene.

Held at The Thompson Memorial Hall, Freemantle Baptist Church

Thursday: classes :10.00am and 11.10am Weekly

For further information: www.babysensory.com

southampton@toddlersense.co.uk

Churches Freemantle Baptist Date information supplied / 16/01/2014
involved: Church updated:

Evangelism

Alpha/Christianity Explored

Contact Person: Revd Dan Clark

Contact Telephone: 023 8077 1755

Enquirer courses for people wanting to find out more about the Christian faith. Held in various venues.

For further information: www.shirleyparishchurch.org.uk

dan@shirleyparishchurch.org

Churches Shirley Parish Church Date information supplied / 07/10/2013
involved: updated:

**CVM (Christian Vision for Men):
Shirley Parish Church Group**

Contact Person: Andy Sawyer

Contact Telephone: 023 8078 8217

Outreach group with a wide range of activities accessible to men with or without Christian faith. Shirley Parish Church is a member group, Southampton 4 of CVM and their upcoming activities will be listed on the CVM website.

Days and time of day vary

Approx monthly

For further information: <http://cvm.org.uk>

theresa@shirleyparishchurch.org

Churches
involved:

Shirley Parish Church

Date information supplied /
updated: 28/02/2015

Discipleship Courses

Bible Study / Fellowship Evening

Contact Person: Major Teresa Harris

Contact Telephone: 023 8077 1655

Held at Shirley Salvation Army Hall

Monday

7.30pm - 9.00pm

Weekly

For further information: www.shirleysa.org.uk

Churches
involved:

Shirley Salvation Army

Date information supplied /
updated: 26/11/2013

Sabbath School

Contact Person: Pastor Doug McCormac

Contact Telephone: 07548 651 560

Bible teaching for all ages.

Held at Southampton Seventh Day Adventist Church

Saturday

10.00am - 11.00am

Weekly

For further information: www.southampton.adventistchurch.org.uk

Churches
involved:

Southampton Seventh
Day Adventist Church

Date information supplied /
updated: 08/10/2013

Small group meetings

Contact Person:

Contact Telephone:

Most churches have small group meetings for fellowship, prayer and bible study often in people's homes. See church websites for details.

For further information:

Churches Most CTiS churches
involved:

Date information supplied / 13/08/2013
updated:

Worship

Evening Worship

Contact Person: Revd Christine Coram

Contact Telephone: 023 8077 6565

Evening Worship.

Held at St James Road Methodist Church

Sunday

6.30pm

Weekly

For further information: www.stjamesroad.co.uk

Churches St James Road Methodist
involved:

Date information supplied / 01/03/2015
updated:

Family Worship

Contact Person: Revd Christine Coram

Contact Telephone: 023 8077 6565

A contemporary family service particularly suitable for those with children

Held at St James Road Methodist Church

Sunday

9.30am

Weekly

For further information: www.stjamesroad.co.uk

Churches St James Road Methodist
involved:

Date information supplied / 01/03/2015
updated:

Holy Communion

Contact Person: Gwen Kitcher

Contact Telephone: 023 8063 2429

A service of Holy Communion following the Book of Common Prayer.

Held at Christ Church Freemantle

Wednesday 10.30am Weekly

For further information: www.christ-church-freemantle.hampshire.org.uk
christchurch.freemantle@gmail.com

Churches Christ Church Freemantle Date information supplied / 08/10/2013
involved: updated:

Main Service

Contact Person: Pastor Doug McCormac

Contact Telephone: 07548 651 560

Church service (with Kid's Church at 10.30am on third Saturday). The Kid's Church is a time of worship, activities, singing and fun. All children from 6 to 13 are welcome to attend.

Held at Southampton Seventh Day Adventist Church

Saturday 11.00am - 12.30pm Weekly

For further information: www.southampton.adventistchurch.org.uk

Churches Southampton Seventh Date information supplied / 08/10/2013
involved: Day Adventist Church updated:

Mass

Contact Person: Fr David Sillince

Contact Telephone: 023 8077 1231

Service with organ and singing and with healing prayer on the first Saturday of the month.

Held at St Boniface Catholic Church

Saturday 6.30pm Weekly

For further information: www.st-boniface.org.uk

Churches St Boniface Catholic Date information supplied / 02/10/2013
involved: Church updated:

Mass

Contact Person: Fr David Sillince

Contact Telephone: 023 8077 1231

Sung mass with organ or music group and with healing prayer on the first Sunday of the month.

Held at St Boniface Catholic Church

Sunday 10.30am Weekly

For further information: www.st-boniface.org.uk

Churches involved:	St Boniface Catholic Church	Date information supplied / updated:	02/10/2013
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Mass

Contact Person: Fr David Sillince

Contact Telephone: 023 8077 1231

Reflective Mass with some music.

Held at St Boniface Catholic Church

Sunday 8.30am Weekly

For further information: www.st-boniface.org.uk

Churches involved:	St Boniface Catholic Church	Date information supplied / updated:	02/10/2013
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Morning Worship

Contact Person: Revd Christine Coram

Contact Telephone: 023 8077 6565

A traditional service

Held at St James Road Methodist Church

Sunday 11.00am Weekly

For further information: www.stjamesroad.co.uk

Churches involved:	St James Road Methodist	Date information supplied / updated:	01/03/2015
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Sunday Church Service

Contact Person: Revd Dr Sarah Hall

Contact Telephone: 023 8076 8004

Sunday church service.

Held at Freemantle United Reformed Church

Sunday 9.30am Weekly

For further information: <http://freemantle.urc.org.uk>sarah.hall@swhg.org.uk

Churches involved:	Freemantle United Reformed Church	Date information supplied / updated:	28/10/2013
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Sunday Church Service

Contact Person: Revd Tim Searle

Contact Telephone: 023 8027 6791

Morning Worship with Junior Church groups for children. Holy Communion is celebrated on the fourth Sunday of the month.

Held at Isaac Watts Memorial Church

Sunday 11.00am Weekly

For further information: www.isaacwatts.org.uk/
tim.searle@swhg.org.uk

Churches involved:	Isaac Watts Memorial Church	Date information supplied / updated:	01/03/2015
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Sunday Church Service

Contact Person: Theresa Bowen

Contact Telephone: 023 8077 1755

A relaxed, informal service with a wide range of ages attending. Music led by a band. Includes Crèche and Junior Church for 0-11 years. On second Sundays there will only be a crèche as our provision for primary school aged children will be at Superstars.

Held at St James Church

Sunday 10.30am - 12.00pm Weekly

For further information: www.shirleyparishchurch.org.uk

Churches involved:	Shirley Parish Church	Date information supplied / updated:	28/02/2015
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Sunday Church Service or Prayer Time

Contact Person: Theresa Bowen

Contact Telephone: 023 8077 1755

A short service (less than 1 hour) of Holy Communion following the Book of Common Prayer or Common Worship services on 3 Sundays a month. Morning Prayer instead of the service, usually on the 3rd Sunday of the month.

Held at St John's Church Centre

Sunday	8.30am	Weekly
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For further information: www.shirleyparishchurch.org.uk

Churches involved:	Shirley Parish Church	Date information supplied / updated:	28/02/2015
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Sunday Evening Worship

Contact Person: Revd Linda Hayes

Contact Telephone: 01425 628 593

First Sunday of the month, this is a service with communion. Third Sunday of the month, the format varies but it is always an informal gathering.

Held at Freemantle Baptist Church

Sunday	6.00pm	Bi-monthly - 1st & 3rd Sundays
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For further information:

linda@dizzyanddaisy.plus.com

Churches involved:	Freemantle Baptist Church	Date information supplied / updated:	18/11/2014
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Sunday Evening Worship

Contact Person: Revd Dave Mapes

Contact Telephone: 023 8063 7864

Worship is relaxed and informal with a time of sung Worship, bible discussion and Prayer Ministry. Café opens at 6pm for drinks, biscuits and a time to talk and catch up.

Held at St Mark's Church

Sunday	6.00pm for 6.30pm	Weekly
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For further information: www.stmarkssoton.co.ukadmin@stmarkssoton.co.uk

Churches involved:	St Mark's Church	Date information supplied / updated:	16/11/2013
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Sunday Evening Worship

Contact Person: Major Teresa Harris

Contact Telephone: 023 8077 1655

This service is followed by drinks in the youth hall.

Held at Shirley Salvation Army

Sunday 4.30pm - 5.40pm Weekly

For further information: www.shirleysa.org.uk

Churches Shirley Salvation Army Date information supplied / 26/11/2013
involved: updated:

Sunday Morning at 10

Contact Person: Revd Dave Mapes

Contact Telephone: 023 8063 7864

Alternate weeks Holy Communion and Informal Worship. Young Church, Crèche and Prayer Ministry on offer each Sunday.

Held at St Mark's Church

Sunday 10.00am Weekly

For further information: www.stmarkssoton.co.uk

admin@stmarkssoton.co.uk

Churches St Mark's Church Date information supplied / 16/11/2013
involved: updated:

Sunday Morning Service

Contact Person: Revd Jenny Elliott

Contact Telephone: 023 8078 7930

Morning Worship with Rock Solid activity groups for children. On the last Sunday of the month, an hour long family service with the children staying in.

Held at Shirley Warren Action Church

Sunday 10.30am - 12.00pm Weekly

For further information: www.shirleywarrenactionchurch.org.uk

action.church@o2.co.uk

Churches Shirley Warren Action Date information supplied / 13/08/2013
involved: Church updated:

Sunday Morning Worship

Contact Person: Revd Linda Hayes

Contact Telephone: 01425 628 593

Worship with Junior Church activity groups. Communion on the third Sunday of the month.

Held at Freemantle Baptist Church

Sunday 10.30am Weekly

For further information:

linda@dizzyanddaisy.plus.com

Churches involved: Freemantle Baptist Church

Date information supplied / updated: 18/11/2014

Sunday Morning Worship

Contact Person: Major Teresa Harris

Contact Telephone: 023 8077 1655

Morning worship with Kids Alive! (3-6 and 7-12 years) from 10.45am - 12 noon and SAY (13-25 years) following the service from 11.30am - 12.15pm. Kids Alive! attracts children from the church and the local community and SAY (Salvation Army Youth) is a discussion group led by Claire Mynott.

Held at Shirley Salvation Army

Sunday 10.00am Weekly

For further information: www.shirleysa.org.uk

Churches involved: Shirley Salvation Army

Date information supplied / updated: 26/11/2013

Sunday Worship

Contact Person: Pastor Shaun Sweeney

Contact Telephone: 023 8077 3314

Morning Worship with Fire! activity groups for babies to teens. Communion on the first Sunday of the month.

Held at Shirley Baptist Church

Sunday 10.30am Weekly

For further information: www.shirleybaptist.org

shaun@shirleybaptist.org

Churches involved: Shirley Baptist Church

Date information supplied / updated: 21/11/2013

Sung Evensong

Contact Person: Gwen Kitcher

Contact Telephone: 023 8063 2429

Formal evensong service.

Held at Christ Church Freemantle

Sunday

6.30pm

Weekly

For further information: www.christ-church-freemantle.hampshire.org.uk
christchurch.freemantle@gmail.com

Churches
involved:

Christ Church Freemantle

Date information supplied /
updated: 08/10/2013

Worship/prayer meeting

Contact Person: Revd Brian Wallis

Contact Telephone: 07825 041 295

These midweek meetings are held at various times and at various locations. For details see website below.

Held at Elim Christian Centre

For further information: www.elimchristiancentre.com

Churches
involved:

Elim Christian Centre

Date information supplied /
updated: 26/11/2013

Youth Church Service

BUZZ.live

Contact Person: Matt Bianchi

Contact Telephone: 023 8077 1755

Youth Service for school years 9 - 13.

Held at St. James Church

Sunday

7.00pm - 9.00pm

1st & 3rd Sundays except August

For further information: www.buzzsouthampton.com
thebianchis@ymail.com

Churches
involved:

Shirley Parish Church

Date information supplied /
updated: 07/10/2013

Prayer Meeting

Contact Person: Pastor Doug McCormac

Contact Telephone: 07548 651 560

Each Friday evening the youth come together for a time of fellowship and prayer. More details can be found on their facebook page, Southampton Adventist Youth.

Held at Southampton Seventh Day Adventist Church

Friday 6.30pm Weekly

For further information: www.southampton.adventistchurch.org.uk

Churches Southampton Seventh Date information supplied /
involved: Day Adventist Church updated: 08/10/2013

Services (Informal)

BUZZ.ignite

Contact Person: Matt Bianchi

Contact Telephone: 023 8077 1755

Games, team building and teaching for school years 7 & 8

Held at St John's Church Centre

Sunday 10.15am - 11.45am 1st 2nd and 3rd Sunday except Aug

For further information: www.buzzsouthampton.com
thebianchis@ymail.com

Churches Shirley Parish Church Date information supplied /
involved: updated: 07/10/2013

Praise @ 4

Contact Person: Barbara Rothwell

Contact Telephone: 023 8032 3960

A 'Songs of Praise' type service followed by a sit down tea.

Held at Shirley Baptist Church

Sunday 4.00pm 7 times a year - dates on website

For further information: www.shirleybaptist.org
r.rothwell1@ntlworld.com

Churches Shirley Baptist Church Date information supplied /
involved: updated: 21/11/2013

Sunday at 3

Contact Person: Theresa Bowen

Contact Telephone: 023 8077 1755

An informal 'Songs of Praise' style service for those familiar with traditional worship. The service is followed by tea and cakes and a time to chat together. Lifts can be arranged.

Held at St James Church

Sunday 3.00pm

Monthly - third Sunday

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches involved: Shirley Parish Church

Date information supplied / updated: 07/10/2013

Sunday Club

Contact Person: Lena Phillips

Contact Telephone: 023 8077 1755

Children's church with songs, crafts, bible stories and games for school years R - 6.

Held at Hollybrook Junior School

Sunday 10.20am - 12 noon

Monthly - 2nd Sunday

For further information: www.shirleyparishchurch.org.uk

theresa@shirleyparishchurch.org

Churches involved: Shirley Parish Church

Date information supplied / updated: 07/10/2013

Youth Cell Group

BUZZ.connect

Contact Person: Matt Bianchi

Contact Telephone: 023 8077 1755

Bible - Prayer - Friendship for those in school years 9 to 13.

Held at St James Church

Tuesday 7.30pm

Weekly in term time

For further information: www.buzzsouthampton.com

thebianchis@gmail.com

Churches involved: Shirley Parish Church

Date information supplied / updated: 07/10/2013
